

**Theme: Life in the Spirit (Romans)**

**Title: “A Spiritual Reflection”**

**Reading: Romans 11.33-36 † Text: Romans 12.1-2**

We Are to **Sacrifice** Ourselves

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We Are to **Renew** Our Minds

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**What’s Next?:** What is in your life that you need to discard to allow you to be a sacrifice who is living for God? Take time to pray about that question (see “Prayer” below), to write down any thoughts, and then to make an action plan to remove them.

**Prayer:** “God, renew my heart and mind so that I can see every blemish in my life that You want me to remove. Then help me start removing them, so I can get closer to You.”

**Weekly Nugget:** The word that many versions translate as spiritual can also be translated as rational or reasonable. Thus, offering our bodies as a living sacrifice is a form of spiritual worship, but it is reasonable that we do so because of all that God has done for us.